

Essa Minor Hockey Association
U7/U8 Essa Eagles Jamboree
January 24th and 25th, 2026

Jamboree Rules and Regulations

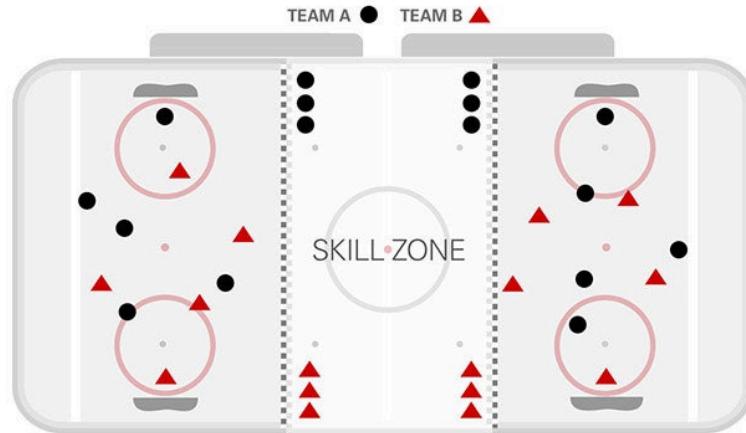
1. This is an OMHA-sanctioned Jamboree. All OMHA rules apply unless otherwise stated.
2. By entering this Jamboree, the coach or manager, on behalf of their team, releases the Essa Minor Hockey Association (EMHA), the Essa Eagles March U7/U8 Jamboree Committee, and all officials, referees, sponsors, volunteers, arena management, and all others associated with the event from any and all liability for injury or accident incurred while participating in, traveling to, or from the Jamboree.
3. Suspension rules will follow the OMHA Manual of Operations. It is the responsibility of the offending team to ensure all tournament and carry-over suspensions are served. Failure to comply will result in game forfeiture.
4. The interpretation of all rules and regulations is at the discretion of the Jamboree Committee, whose decisions are final. No protests are permitted.
5. Each team is guaranteed a minimum of three (3) games.
6. A member of the coaching staff must report to the Jamboree table (in the gym) prior to each game to submit a participant list including player names, numbers, and participating team officials. Only approved rostered players and officials may participate.
7. Only carded personnel are permitted on the bench. Each OMHA team must have a carded trainer. If a team arrives without a trainer, they may request to use the opposing team's trainer.
8. As teams will be sharing dressing rooms, players are encouraged to arrive as fully dressed as possible to minimize change room loitering.
9. Games will be played on modified ice using boards/dividers and mini-nets.
10. Games will consist of two (2) 18-minute run-time periods. There will be no change of sides during the game. Line changes will occur on a two (2) minute buzzer. The Jamboree Chair reserves the right to adjust game times to maintain the schedule.
11. Games will be played 4-on-4 (excluding goaltenders). A lightweight (4 oz) blue puck will be used for all games and will be supplied by the Jamboree Committee.
12. Face-offs will occur only at the start of the game and at the start of each period.
13. No scoring, standings, or statistics will be recorded. No penalties, offsides, or icing will be called.
14. A two (2) minute warm-up will be provided prior to each game. Teams must be ready to take the ice 10 minutes before their scheduled start time. Failure to do so may result in shortened games to maintain the Jamboree schedule.

15. There are no time-outs, playoff rounds, overtime periods, or shootouts.

16. U7 games will not have referees. Each U7 team will supply one (1) coach on the ice to assist with game flow, including face-offs and player separation as required. U8 games will have referees.

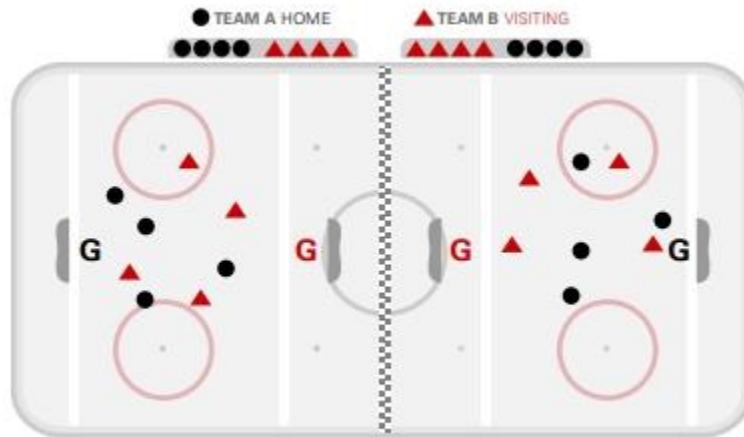
17. Parents and guests are the responsibility of their team. Inappropriate behaviour toward players, officials, coaches, arena staff, Jamboree staff, OMHA staff, or other spectators may result in team expulsion from the Jamboree.

U7 Playing Surface (the middle of the ice will be empty):



TWO TEAMS – Two Cross-Ice Games Model with Skill Zone

U8 Playing Surface:



TWO TEAMS – Two Half-Ice Games Model

Tournament Convenors:

Pam Venne (Tournament Director) and Kayla Otten (Vice-President)