



Baseline Concussion Testing OPEN TEST DAY

Covered by most Extended Care Health Benefits!!

Book your appointment NOW, limited space!

Date: Saturday, November 7th 9:00 am – 12:00 pm

Location: Sports Medicine, 199 Mill Street, Angus **Cost**: \$50 per person (ages 12 and under)*

\$70 per person (ages 13 and over)* SAVE 30% *Eligible for reimbursement through physiotherapy benefits

Concussions are an injury to the brain that, if not dealt with appropriately, may cause long-lasting damage. They are a <u>serious</u> issue and require immediate care and attention. Research shows that having a Baseline Test prior to a concussion helps clinicians make Return to Play decisions with a higher level of efficiency, precision and safety.

Why YOU need a Baseline Test!

- 1. A Baseline test provides objective information from **healthy athletes** prior to receiving a concussion.
- 2. Tests include balance, reaction time, strength, memory, concentration, visual tracking, processing speed, and provides doctors and clinicians with an indication of how your brain works when healthy.
- 3. In the event of a concussion, athletes are re-tested and compared to their baseline results in order to make a proper diagnosis as well as safe return to play decisions.
- 4. Baseline testing provides doctors and clinicians with a more accurate determination of brain recovery following injury.

What Sports Medicine can do for you!

- 1. Direct access to our clinical team within 24 48 hours of a possible concussion.
- 2. Supervise a 10 step Return to Learn and Play process to ensure athletes are progressed and monitored step by step toward a safe and full recovery prior to returning to their sport.
- 3. Work with your physician to provide education, treatment and coordinate 360-degree communication with the parent, coach and physician.

LET US HELP YOU GET BETTER, FASTER!

Watch our Baseline Video
https://www.voutube.com/watch?v=EaI74qII o8

Book today! 705-424-7135 info@sportsmedicine.on.ca